

COMMUNIQUÉ



MAY 2026

- NOTICE PAGE -

MAY 2026

CONTACT INFORMATION

24-Hour Hotline : 925-939-4155
Service Center : 925-939-5371
Intergroup Site : ContraCostaAA.org

SERVICE CENTER HOURS

Monday – Friday: 9:00 AM to 5:00 PM
Saturday: 10:00 AM to 2:00 PM
Sunday: Closed

Federal Holidays: Closed	03-Jul	Independence Day – Observed (Friday)
01-Jan New Year’s Day (Thursday)	07-Sep	Labor Day
19-Jan Martin Luther King Jr. Day	12-Oct	Indigenous Peoples’ Day
16-Feb President’s Day	11-Nov	Veterans Day (Wednesday)
25-May Memorial Day	26-Nov	Thanksgiving Day (Thursday)
19-Jun Juneteenth (Friday)	25-Dec	Christmas Day (Friday)

INTERGROUP MEETINGS

Next Intergroup Meeting : May 26th 2026
4th Tuesday of each month (excl. Dec)

7:00 PM : New Intergroup Rep/Alt Orientation
Service Center-185 Mayhew

7:30 PM : Intergroup Business Meeting
Meeting Room-193 Mayhew

WELCOME TO OUR NEWEST IG REPS & ALTS

March 2026

Zack Rodeo Group **Irene** Girls Gone Mild **Ryan** Friday Night Young People

CONTACTED THE SERVICE CENTER

Total Contacts: 368 | Calls: 94 | Visitors: 274

A.A. Help: 2

A.A. Info: 366

AI-Anon Info: 0

May 2026 Communiqué

Table of Contents

EVENT DESCRIPTION	PAGE #
Title Page	1
Notice Page	2
Table of Contents	3
Danville-Diablo Speaker Meeting	4
Pleasant Hill AA Online Zoom Meetings	5
Pleasant Hill Rec - Picnic	5
Bucks O'Month Club	6
All Groups Speaker Meeting	7
Stepping Up Our Standards Women's Meeting	7
Spring Scramble	8
Saturday Night Live	9
See You Next Tuesday - LGBTQ+ Women's Meeting	9
How Can I be of Service and Volunteer Appreciation	10
East County Speaker Meeting	11
Primary Purpose - Big Book Study	11
2026 NorCal Woman to Woman Conference	12
PH Rec Events	13
Firm Foundation Group LGBTQ Meeting	13
El Sobrante Birthday Meeting	14
Contra Costa District 08 Delegate Report Back and Potluck	14
NEW MEETING - The Rodeo Group	14
Get Sober Win Prizes Spring Picnic	15
The National AA Technology Workshop and Planning Meetings	15
May Birthday Club Birthdays & Birthday Club Entry Form	16
Contra Costa Communiqué Online	17
Silence in Sobriety Meeting	17
42nd Annual Contra Costa Women's Symposium	18
District 8 – AA World Services, Intergroup, General Service	19
Statement of Functional Expenses & Cash Flow Statement	20
Statement of Activities	21
Intergroup Minutes	22, 23
The Turning Point Group Meeting	24
Marble Meeting	24
Intergroup Operating Committee	25
Love & Service Meeting	26
Antioch Umbrella Group - Secretary Workshop	26
Contribution by Group	27
May Calendar	30

DANVILLE-DIABLO SPEAKER MEETING

The First Saturday of the Month

FOR MORE INFORMATION PLEASE CHECK OUR WEBSITE AT DDSM.ORG OR EMAIL DANVILLEDIABLOSM@GMAIL.COM

COMMUNITY PRESBYTERIAN CHURCH

222W El Pintado Danville CA

8:00-10:00pm

Doors open at

7:30pm

ONLINE:

ZOOM LINK:

[CLICK HERE](#)

885-808-3946

PASSWORD 146975

COME CELEBRATE YOUR BIRTHDAY!



We have a 50/50 and literature drawing!

30, 60, 90 DAYS, 6 & 9 MONTHS, 1, 2 AND
CONSECUTIVE YEARS THEREAFTER!

UPCOMING SPEAKERS

MAY 2, 2026 - JULIE T., SEATTLE, WA

JUNE 6, 2026 - JIMMY D., MALIBU, CA

JULY 4, 2026 - FATHER TOM W., OAKLAND, CA

AUGUST 1, 2026 - JACKIE B., SAN FRANCISCO, CA

Join us for dinner with the speaker!

6:00pm at Hazy Barbecue - 200 Hartz Ave., Danville

RSVP to Hospitality Chair at danvillediablosm@gmail.com by noon,
Friday before meeting or without RSVP we cannot guarantee a seat or table.



SCAN TO PAY

[7TH TRADITION DONATION](#)



DANVILLEDIABLOSM@GMAIL.COM



WWW.DDSM.ORG

7 a.m. AA Online Zoom Meetings Pleasant Hill

Use link [336 634 3949](https://3366343949.zoom.us/j/3366343949) and password "PHsober"

"A grateful heart doesn't drink" is the saying in Alcoholics Anonymous that emphasizes how practicing gratitude can be a powerful tool for staying sober. It suggests that focusing on appreciation for what one has in life, instead of negative emotions, resentments, or self-pity, makes a person less likely to turn to alcohol as a coping mechanism. Hence, we start four meetings a week with gratitude's.

Meeting Topics for the Week

Saturday

Wild Card

Sunday

Daily Reflections

Monday

Big Book Study

Tuesday

As Bill Sees It

Wednesday

Daily Reflections

Thursday

Speaker/Discussion

Friday's only

1st Friday = Step of the month
2nd Friday = Tradition of the month
3rd Friday = Language of the Heart
4th Friday = Traditions Checklist
5th Friday = Language of the Heart



The Pleasant Hill Civic Rec Committee is hosting

Not affiliated with the Intergroup picnic

Picnic Time

to have a chat, playing games together, and sharing foods!

30

Sat. May
2026

11 AM
at Pleasant Hill Park
147 Gregory Ln., Pleasant Hill
Picnic area #1

For questions please contact Mike O.
925-812-1870

**Burgers & hot dogs
provided | Drinks \$1 each**

No picnic parking in the senior center lot please

**Please bring sides &
dessert**



Join the Bucks O'Month Club Support your Contra Costa Service Center!

For only \$20.00 a year you can help "carry the message to the alcoholic who still suffers".

Your dollars help pay for the following.

- The 24-hour meeting hotline
- Contra Costa Meeting Schedules
- Intergroup Activities
- All Groups Speaker Meeting
- Annual Anniversary Party
- July Picnic
- Online Audio Library
- Public Information

As a thank you we will send you the monthly newsletter, "The Communiqué"

Cut Here

Just mail \$20.00 and this form to:

**The Contra Costa Service Center
185 Mayhew Way
Walnut Creek, CA 94597**

I wish to join the Bucks O'Month Club.

Name _____

Address _____

City and Zip Code _____

Telephone Number _____

Home Group _____



All Groups
Speaker
Meetings

THIRD SATURDAY OF THE MONTH

Doors Open at 7:30 pm
Meeting starts at 8:00 pm

- Host Group overview / history
- 10 minute speaker
- Main Speaker

Church of the Resurrection


399 Gregory Lane - Pleasant Hill

Date: Saturday, May 16

Speaker: Marissa

Hosted by: Clayton Back to Basics

For more info or to have YOUR group host a meeting,
contact Jessica: lilosborne80@gmail.com



New!
50/50
Raffle

Childcare Women's Meeting



Stepping Up Our Standards
Tuesday's 7pm

All Children
welcome!

Saint Mark's Church

Address: 3051 Putnam Blvd, Pleasant Hill

Our professional sitter will watch children in the designated play room next to the meeting room

* 25th ANNUAL *
SPRING SCRAMBLE

FRIDAY June 5, 2026
Diablo Creek Golf Course
4050 Port Chicago Highway, Concord, CA



SHOTGUN SCRAMBLE - - - 1PM START

- PRIZES:**
- * LONG DRIVE CONTEST
 - * PUTTING CONTEST
 - * CLOSIES ON ALL PAR 3'S
 - * LOW TEAM SCORE
 - * MOST HONEST SCORE
 - * VEGAS HOLE
 - * MONEY HAT

DINNER: To Follow Golf

RAFFLES & TOURNAMENT PRIZES

COME JOIN US FOR GOLF AND FELLOWSHIP
SUPPORT THE CONTRA COSTA SERVICE CENTER

\$135 PER PERSON

SIGN-UP AS A FOURSOME OR AS A SINGLE

DINNER ONLY --- \$40

GOLF LIMITED TO FIRST 144 PAID ENTRIES

SPRING SCRAMBLE ENTRY FORM

Player #1 _____
Phone

Player #2 _____
Phone

Player #3 _____
Phone

Player #4 _____
Phone

Sponsored by: Contra Costa Intergroup --- Checks payable to C.C. Service Center

Send Entry to: Spring Scramble c/o Don Johnson - 154 Harriet Drive. - Pleasant Hill, CA 94523

Information Contact:

Don Johnson 925 788-1707

"Live from Brentwood California it's Saturday Night Live!"



3rd Saturday 7:30 to 9:00 pm
Cornerstone
Fellowship Church
6641 Lone Tree Way, Brentwood

Saturday, May 16

15 minutes Speaker and 45 Minute Main Speaker



- Sobriety Count Down
- Raffle Drawing (AA Prizes)
- SNL Speaker CD's for sale & pre-order \$5
- Legendary AA Coffee & Cookies
- 12 Step Recovery AA Speakers
- Ice Cream Social follows

FOR MORE INFO CONTACT ORION OFELLES@COMCAST.NET

See you Next Tuesday!

A circular symbol with a rainbow gradient border and a solid purple triangle pointing downwards in the center.

LGBTQ+ Women's Meeting

Tuesdays 6:30pm

St. Timothy's Episcopal Church

1550 Diablo Rd.

Danville, CA 94526

*allies
welcome!*

Lit Discussion! 8days Speaker last Tues of month!

HOW CAN I BE OF SERVICE?

Volunteers are always needed and your service is very valuable in carrying the message to those who still suffer. There are many ways to help!

Host an All Groups Speaker Meeting!

The All Groups Speaker Meeting meets the 3rd Saturday of the month and is always looking for "Host Groups". This is a fun way to get your group into the service of AA as a whole in Contra Costa. Contact Jessica O. for more info

lilosborne80@gmail.com.

Office Volunteers

Friendly helpers needed to be the voice and face of AA at the service center desk and answer the phone. Training is provided. Requirement: Two years' sobriety. Contact Kathy R., Office Volunteer Coordinator at Kathyrogers2014@gmail.com.

Hotline Shifts and 12th Step Calls

Contact Hotline Chair – Steve B. at Steve94518@yahoo.com

Public Information

PI & Cooperation with Professional Community (CPC) need your help spreading the word. Contact Beth A. at bethallen74@gmail.com for more information about who benefits from PI/CPC presentations and how your referrals work.

Help Plan the Next Intergroup Event

Planning events for Alcoholics to get together is important for a sense of unity. Help plan and be of service in a big way.

Office Volunteer Appreciation ~ April 2026

- ◇ Joanne D.
- ◇ Alice S.
- ◇ Kevin L.

Thank you for stepping forward to be of service!

East County
Speaker Meeting
May 23, 2026

Speaker:

OLE-JAY H.

From Larkspur, Ca

JOIN US FOR COFFEE, FELLOWSHIP,
RAFFLES & CAKE

Doors open at 7pm
Meeting Begins at 8pm

ST. JOHN'S LUTHERAN CHURCH
1360 E. TREGALLAS RD. ANTIOCH, CA 94509

**PRIMARY
PURPOSE
GROUP**



**OPEN AA
BIG BOOK
STUDY**

Join Us!
Every Thursday

7:00-8:00pm

8385 Brentwood Blvd.
Suite B
Brentwood, CA 94513



2026 NORCAL WOMAN TO WOMAN CONFERENCE



HARBOR -of- RECOVERY

A WEEKEND FOR WOMEN IN RECOVERY

May 15-17, 2026

Seacliff Inn - 7500 Old Dominion Court, Aptos, CA 95003



PRICING

Double occupancy: \$475
Single occupancy: \$750 (limited availability)

REGISTRATION

Open through March 30.
Fees payable via Zelle or by mailing a check
(details provided in registration form).

Register Here:

forms.gle/tzaeHZeccPU4KHgv9

CONTACT

Registration Info:

Pam L.
(510) 329-0896
pamlittlej@gmail.com

Kate L.
(925) 366-3014
kslawrence2@gmail.com

Conference Info:

Evette B-R
(925) 281-7539
venusreeds@gmail.com

Scan Here to Register:



We look forward to celebrating the 41st anniversary of the NorCal W2W retreat. Join us for a weekend of fellowship, serenity, and fun.

Registration is limited—first come, first served.

Conference Website:



Conference Website & More Info:

sites.google.com/lothar.net/2026-norcal-woman2woman-confer



Pleasant Hill Rec Committee presents

BINGO

50/50 RAFFLE *Night*



FRI MAY 8TH
Starts at **7:30 PM**

Pleasant Hill Civic
396 Civic Dr.
SNACKS



PH Rec Committee

BOWLING NIGHT

16 MAY 2026

\$20 ENTRY

AT 07:00 PM

INCLUDES PIZZA & SHOES

Paddock Bowl
5915 Pacheco Blvd., Pacheco

Come for fellowship

Questions? Please contact
Susan D. 415-724-5330



Summer Camp

AT LAKE CAMANCHE
JUL 29TH - AUG 2ND

SAT AA MEETING & POTLUCK
(PROTEIN PROVIDED BY REC COMMITTEE)
FAMILY ACTIVITIES, SPORTS, MUSIC

PLEASE CONTACT MIKE O.
TO RESERVE YOUR SPOT
(925) 812-1870



LOVE, PEACE & RECOVERY!

PLEASANT HILL GROUP 65TH ANNIVERSARY

June 13th 2026 6-9pm

Pleasant Hill Group
Elk's Lodge Creekside Dr
Walnut Creek

Dinner, Countdown, History, Speakers,
Gift Baskets and 50/50 Raffle

\$40



Firm Foundations Group LGBTQ+ Meetings in Brentwood

New Location and Times: 613 Kenwood Drive Brentwood

- | | | |
|-----------|-----------------------------|--------------------------------------|
| Tuesday | 5:00 – 6:00 As Bill Sees It | All meetings in person and on mobile |
| Wednesday | 6:30 – 7:30 Grab Bag | Join by phone: 297-807-9605 |
| Friday | 5:00 – 6:00 Literature | Passcode 104522# |

- No smoking and scent free
- Residential property
- Office of Interfaith Peace Project



El Sobrante Fellowship's Birthday Night!


Please join us on the last Saturday of the Month at 7:30PM

El Sobrante United Methodist Church

5151 Argyle Rd., El Sobrante

Come Celebrate your sobriety Birthday!

Cake, Coffee, Tea & Fellowship



The AA Groups

District Meeting

Area Assembly

General Service Board

General Service Conference

Philippines

AA & Organizations Worldwide

**Contra Costa District 08
Delegate Report Back
and Potluck
Tuesday June 2, 2026**

**Join us for an evening of food,
fellowship, and updates from
our Delegate about the
76th General Service
Conference
130 Muir Station Rd
Martinez, CA
ID 292 725 7830 PW 080808
Potluck 6pm
Delegate Report 7:30pm
Bring your sponsees,
homegroup members
All are welcome!!**

NEW MEETING!

The Rodeo Group

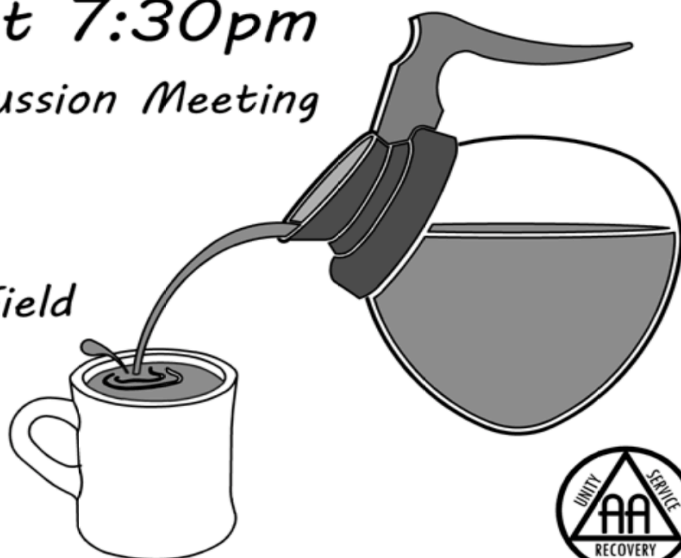
Wednesdays at 7:30pm

Open Speaker Discussion Meeting

470 Parker Ave

Rodeo, CA

At Lefty Gomez Field



***You're Invited to the Get Sober Win Prizes
Spring Picnic***

Food , Games, Fellowship and Fun

We will provide some drinks and snacks. Feel free to bring a dish to share!

Family friendly event, all are welcome!

Bring a chair, blanket, or anything else you need to be comfortable.



***Concord Community Park
3501 Cowell Rd, Concord, CA 94518
Saturday May 30th
11:00 - 2:00***

TheNational AA TechnologyWorkshop

NAATW COMES TO THE BAY!

PLANNING COMMITTEE MEETINGS

4th WEDNESDAY OF THE MONTH 7PM

ID: 846 1976 0702 PW: CNCA06

WE NEED YOU!!

All are welcome

El Taller Nacional de Tecnología de AA

¡NAATW LLEGA AL ÁREA DE LA BAHÍA!

REUNIONES DEL COMITÉ DE PLANIFICACIÓN

4º MIÉRCOLES DEL MES 7 PM

ID: 846 1976 0702 Contraseña (PW): CNCA06

¡¡TE NECESITAMOS!!
Todos son bienvenidos



SAVE THE DATE
13th annual



**National AA
Technology Workshop**

Hybrid Format

September 11-13, 2026
San Francisco Bay Area
Concord, California

CO-HOSTED BY
AREA 06 TECH COMMITTEE
AND SF/MARIN INTERGROUP



FOR MORE INFO VISIT NAATW.ORG



HAPPY BIRTHDAY!!!



NO. OF YEARS	NAME	SOBRIETY DATE	HOME GROUP
6 - Years	Evan D.	05.04.2020	The Love & Service Group, Pleasant Hill
8 - Years	Trina S.	05.12.2018	
17 - Years	Beth R.	03.09.2009	Saturday Women's Group, Antioch
37 - Years	Alice S.	05.09.1988	Get Real Group, Pleasant Hill
43 - Years	Marilyn M.	04.25.1983	From the Heart, Civic

Want Your Birthday Listed in *The Communiqué*?

Join the Birthday Club!

Celebrate your sobriety with us—we'd be honored to recognize your birthday.

Submit a contribution of **\$1 for each year of sobriety** (or any amount you choose), and we will:

- List your birthday in *The Communiqué* for your birthday month, and
- Mail you a copy of that issue.

Deadline: Submit your request by the **10th of the previous month.**

Requests received after the deadline will appear in the following month's issue.

To participate: Complete the form below and mail it with your donation to:

Contra Costa Service Center
 185 Mayhew Way
 Walnut Creek, CA 94597



BIRTHDAY CLUB FORM

\$ _____ enclosed

First Name & Last Name Initial: _____

Email Address: _____

Phone Number: _____

Mailing Address: _____

City _____ Zip _____

*Note: A mailing address is needed to receive your copy of *The Communiqué*.*

BIRTHDAY INFO

My sobriety date is ____ / ____ / ____, and this year I will have ____ year(s).

My Home Group is _____.

Find the Contra Costa Communique Online
Click the Communique to see all upcoming
Events and Happenings!!

Contracostaaa.org



*Please join us and experience
"Silence in Sobriety"
- An 11th Step
Meditation Meeting*

*Where: Concord Originals Group
3039 Willow Pass Rd, Concord*

When: Mondays 7:30PM - 8:30PM



Call Out For Committee Volunteers

42nd Annual Contra Costa Women's Symposium August 9, 2026

JOIN US!

COMMITTEE MEETING EVERY 4TH
SATURDAY OF THE MONTH

MAR 28 ~ APR 25 ~ MAY 23 ~ JUNE 27 ~ JULY 25

TOGETHER IN SERVICE,
UNITED IN RECOVERY:
JOIN THE WOMEN'S
SYMPOSIUM COMMITTEE

8:30 AM - 9:30 AM

396 CIVIC DRIVE, PLEASANT HILL

QUESTIONS OR MORE INFO:
CCAASYMPOSIUM@GMAIL.COM



A.A World Services, Inc
PO Box 459
Grand Central Station
New York, NY 10163
(212) 870-2400
ww.aa.org

SERVICE CONTACT INFORMATION

Intergroup: Alice S. (925) 705-5140

www.contracostaAA.org

General Service District 08: Chuck B. (925) 698-7652

district08cnca.org

Bridging the Gap: James R. (510) 222-4447;

btgcoco@gmail.com

Hospitals & Institutions: Annetta D. (707) 332-1349

www.handinorcal.org

CNCA Area 06

www.cnca06.org

Northern California Council of AA

www.norcalaa.org

MONTHLY GENERAL SERVICE DISTRICT 08 MEETING

Hybrid Meeting held the first Tuesday of each month at 7:30 PM

Grace Episcopal Church, 130 Muir Station Road, Martinez, CA

Zoom Meeting: 292 725 7830

New GSR Orientation starts at 6:45 PM

Service Manual & Concept Study also starts at 6:45 PM

Meeting Begins at 7:30 pm

Statement of Functional Expenses

For Month Ended

3/31/26

Natural Expense / Program	Program Services	Management & General	Fundraising	Total	YTD Total
Service Center Expenses	\$3,233	-	-	\$3,233	\$7,648
Meeting Room Expenses	\$3,380	-	-	\$3,380	\$9,716
Book Store Expenses	\$1,316	-	-	\$1,316	\$4,766
Program Support	\$1,191	-	\$48	\$1,239	\$3,159
Payroll & Benefits	-	\$2,545	-	\$2,545	\$12,201
Professional Services & Legal Fees	-	-	-	-	\$8,551
Facilities Expenses	-	\$59	-	\$59	\$516
Insurance & Risk Management	-	\$458	-	\$458	\$913
Software & Subscriptions Expense	-	\$115	-	\$115	\$727
Equipment	-	\$730	-	\$730	\$1,564
Transaction/Banking Fees	-	\$219	-	\$219	\$914
Traditions Breakfast	-	-	\$477	\$477	\$2,640
Spring Scramble	-	-	\$500	\$500	\$500
Summer Picnic	-	-	\$430	\$430	\$430
Service Center Anniversary	-	-	-	-	-
New Year's Eve	-	-	-	-	\$10,844
Total Functional Expenses	\$9,121	\$4,126	\$1,455	\$14,701	\$65,089

Cash Flow Statement and Liquid Asset Rollforward

For Month Ended

3/31/26

Operating Cash

Line Item	Amount
Beginning operating cash	\$45,321
Cash received from revenue	\$15,507
Cash paid for Program Services	\$9,121
Cash paid for Management & General	\$4,126
Cash paid for Fundraising	\$1,455
Net change in operating cash	\$806
Ending operating cash	\$46,127

Other Liquid Assets

Asset	Beginning	Monthly Change	Ending
Prudent Reserve - Operations	\$30,165	-	\$30,165
Prudent Reserve - Facilities	\$50,000	-	\$50,000
Savings Account	\$505	-	\$505
Book Fund Cash	\$3,015	\$531	\$3,546
Book Inventory	\$10,025	(\$278)	\$9,748
Total ending other liquid assets			\$93,964
Total ending liquid assets			\$140,091

Statement of Activities

For Month Ended

3/31/26

Line Item	Actual March	Actual YTD	Budget March	Budget YTD
Revenue				
Contributions	\$5,311	\$29,325	\$9,000	\$27,000
Bookstore Sales Revenue	\$2,160	\$5,964	\$2,000	\$6,000
193 Rental Revenue	\$1,550	\$6,825	\$2,000	\$6,000
Reimbursement Receivables	\$18	\$728	\$186	\$558
Fundraising Revenue	\$6,468	\$21,322	\$10,000	\$12,000
Banking Revenue	-	-	\$1	\$3
Other Revenue	-	-	\$10	\$30
Total Revenue	\$15,507	\$64,164	\$23,197	\$51,591
Expenses				
Service Center Expenses	\$3,233	\$7,648	\$2,200	\$6,600
Meeting Room Expenses	\$3,380	\$9,716	\$2,000	\$6,000
Book Store Expenses	\$1,316	\$4,766	\$20	\$3,040
Program Support	\$1,239	\$3,159	\$1,000	\$3,000
Payroll & Benefits	\$2,545	\$12,201	\$5,000	\$15,000
Professional Services & Legal Fees	-	\$8,551	\$150	\$450
Facilities Expenses	\$59	\$516	\$100	\$300
Insurance & Risk Management	\$458	\$913	\$450	\$1,350
Software & Subscriptions Expense	\$115	\$727	\$120	\$835
Equipment	\$730	\$1,564	\$550	\$1,650
Transaction/Banking Fees	\$219	\$914	\$200	\$650
Traditions Breakfast	\$477	\$2,640	\$2,500	\$5,000
Spring Scramble	\$500	\$500	\$3,500	\$7,000
Summer Picnic	\$430	\$430	-	-
Service Center Anniversary	-	-	-	-
New Year's Eve	-	\$10,844	-	-
Total Expenses	\$14,701	\$65,089	\$17,790	\$50,875
Change in Net Assets	\$806	(\$925)	\$5,407	\$716

**Contra Costa Service Center of Alcoholics Anonym
Intergroup Business Meeting — Foundational Rec**

Date: March 24, 2026

Location: Contra Costa Service Center

Meeting Type: Regular Monthly Intergroup Business Meeting

Called to Order: 7:30 PM

Presiding: Alice S., Chairperson

Opening: Serenity Prayer

ATTENDANCE AND QUORUM

Officers present: Alice S., Ashley J.

Officers absent: Steve B.

Committee Chairs Present: Lauren P., Samantha K., Joanne D., Jessica O., _____, _____ S.

Committee Chairs Absent: Jorge Z., Craig F.

Intergroup Representatives/Alternates in Attendance (eligible to vote): 42

Quorum: Confirmed

New Intergroup Representatives Introduced:

- Zack — Rodeo Group
- Irene — Girls Gone Mild
- Ryan — Friday Night Young People

APPROVAL OF PRIOR MINUTES

Secretary **Ashley J.** read meeting minutes from the **February 24, 2026 Intergroup Business Meeting.**

Motion: Approve minutes.

Second: Received.

Result: Approved.

TREASURER'S FINANCIAL REPORT

Report presented by **Cyn S.** on behalf of Treasurer Steve B. as of February 28, 2026:

- **Revenue:** \$9,173
- **Expenses:** \$25,817
- **NOI (Net Operating Income):** (\$16,644)
- **Cash Balance:** \$39,794

Motion: Approve Treasurer's Report.

Second: Received.

Result: Approved.

Record of Financial Condition and Actions:

- Financial reporting structure has been revised to ensure nonprofit compliance and transparency.
- Expense reporting now includes detailed category breakdowns.
- "Program" expenses defined as those supporting our primary purpose of carrying the message.
- February deficit attributed to past due accounts, previously issued checks clearing in February, and low revenue.
- Prior financial management systems lacked adequate tracking; corrective systems implemented to ensure deficits do not happen again. (digital, spreadsheet, and paper files – eventually automated via QuickBooks)
- Facilities improvements and overdue obligations required significant expenditures over past few months. Some larger prepaid expenses will become more cost effective over time.
- Prudent reserve remains intact.
- Estimated timeline to resolve outstanding liabilities: approximately two months.

Group Contributions:

- Contributions in January were high, with added EOY and quarterly contributions. February contributions were low, and in general are down.
- If groups can contribute more often, rather than quarterly/semi-yearly/yearly, that would be helpful in supporting a more consistent revenue stream.
- Reps are encouraged to discuss with their group's, how often they contribute.
- Communiqué will list contributing groups only.
- Bucks Club and Birthday Club contributions noted as low.

Operational Adjustment:

- Bookstore pricing to be updated as one way to address financial shortfall.

GROUP PRESENTATION

Concord Fellowship — Presented by Martin D.

Continuous operation since 1957, including during COVID-19.

Scheduled Group Presentations:

- May: Principles Group — Judy C.
- June: Clayton Valley Men's Group — David R.

TOPIC PRESENTATION

Carrying the Intergroup Message to Groups — Presented by Lauren P.

- IG Reps/Alts serve as the communication link between the Service Center and member groups.
- Announcements should be concise and appropriate to group setting.
- There may be newcomers, so it may be helpful every few weeks to do a brief introduction of what intergroup is.
- Representatives encouraged to prepare in advance and tailor messaging.
- For certain topics/updates you may need to bring it up at a business meeting.
- Consolidate calendar events, local meetings, etc., into a one-page flyer members can pick up.

Upcoming Topic Presentations:

- May: Bylaws — Cyn S.
- June: To be determined

OLD BUSINESS

None recorded.

NEW BUSINESS

April Elections

Positions scheduled for election:

- Treasurer
- Secretary
- Publishing
- Telephone Hotline
- Public Information
- All Groups

COMMITTEE REPORTS

Membership — Lauren P.

- Sponsorship and Service Workshop
- April 18, 10:00 AM – 12:00 PM (Mayhew Meeting Room)

Special Events — Samantha K.

- Traditions Breakfast — April 4
- Volunteer support and raffle basket donations requested
- Basket drop-off: April 2–3 or early day-of
- Anniversary Party planning meeting: May 9 at 10:30 AM

Office Volunteers — Joanne D.

- Total contacts: 341
- Calls: 92 | Visitors: 249
- AA Help: 2 | Al-Anon: 0
- Activity levels consistent

All Groups Speaker Meeting — Jessica O.

- March meeting covered by alternate
- Next meeting: April 18
- 50/50 raffle scheduled
- Host group: Just AA

Service Committee — Claudia M.

- Area Committee Meeting — April 25–26 (Petaluma)
- NorCal Woman to Woman Conference — May 15–17 (Aptos)
- Women's Symposium planning meeting — April 25–26

Public Information — No report.

Publishing — Trina S.

- Submissions due April 24
- Corrections to communiqué requested as needed

Hotline — No report.

ANNOUNCEMENTS

- March 28, 8:00 PM - East County Speaker Meeting - St. John's Lutheran Church, Antioch

GOOD OF THE ORDER

None recorded.

ADJOURNMENT

Meeting Closed: 8:35 PM

Closing: Responsibility Statement

Recorded by:

Ashley J., Secretary

id 854 798 527 07

PW 014909

Thursdays

6.30pm PST

9.30pm EST



The Turning Point Group

ALCOHOLICS ANONYMOUS

Thursday 7:30 pm YP meeting

396 Civic Dr. Pleasant Hill, CA 94523

MARBLE MEETING

Each week we give marbles for

1 – 12 mo, 18 mo & all years

**Because you had lost your marbles
and now you are getting them back!**

Questions? Comments? Kudos?
Your IOC is here to serve you, please don't hesitate
to contact us.

Alice S. – Chair
astaritawc@icloud.com

Trina S. – Treasurer
TrinaSomera@gmail.com

Ally S. – Secretary
allysontroxel@gmail.com

Ashley J. – Publishing (Communiqué)
ccaa.communicue@gmail.com

Beth A. – Service (H&I and GSR Liaison)
BethAllen74@gmail.com

Lauren P. – Membership (New Reps & Training)
Laurenmills66@gmail.com

Dona D. – Public Info (AA Outside the room)
Contracostaaapi@yahoo.com

Steve B. – Hotline (24-hour hotline and 12 step calls)
Steve94518@yahoo.com

Samantha K. – Special Events (Event Coordinator)
glamtking@gmail.com

Kathy R. – Office Volunteer Coordinator
Kathyrogers2014@gmail.com

Cyn S.
Manager@ContraCostaAA.org

Love & Service Group of Pleasant Hill, CA

loveandservicegroup.org

Sunday Night Speaker Meeting
6:00 PM

5/3 Stacy G., San Antonio TX
5/10 Jackie B., San Francisco CA
5/17 Jerry M., Los Angeles CA
5/24* Marilyn S., Los Angeles CA
5/31 Qtrly HG Birthday Meeting
Bob K & Kiki G



24 hours, 30, 60, 90 days,
6, 9 months, 1 year & more

*The 4th Sunday of the month
BIRTHDAY CHIP NIGHT
Sunday Night | 6:00 PM



*4th Sunday of each month
ASL interpretation



We are now a chip meeting!

Hybrid Speaker Meeting
(Sunday & Thursday)
In-Person or Online
Zoom ID: 761 118 6101
Password: LNS12tcnb
[Zoom Link](#)

Thursday Night | 7:00 PM

In-person meeting with
a choice of formats -

Newcomer Meeting,
Big Book Meeting,
Introduction to Meditation
and our
Steps/Traditions/Concepts
Meeting - NOW HYBRID!

LOCATION/IN PERSON:

Hope Center
2275 Morello Ave
Pleasant Hill,
CA 94523

for more information contact:
info@loveandservicegroup.org



ANTIOCH UMBRELLA GROUP

MEETING SECRETARY WORKSHOP

□ Saturday - June 13, 2026

🕒 2:00 PM – 3:00 pm

WORKSHOP LOCATION

Antioch Alano Club – Meeting Room
710 W. 1st Street
Antioch, CA

LEARN ESSENTIALS OF BEING A MEETING SECRETARY

- Understanding the Secretary's responsibilities
- Helpful tips for a smooth meeting
- Open discussion and shared experience
- **Any questions you have, we will find an answer**

Refreshments will be available. We look forward to seeing you!

IG NO.	GROUP / MEETING NAME	MEETING DETAILS	JAN	FEB	MAR	CONTRIBUTION AMOUNT (YTD)
1005	Alamo big Book	Alamo - Monday - 7:30 PM	\$ 217.00		\$ 96.25	\$ 313.25
1010	Short Story Group	Antioch - Monday - 7:00 PM	\$ 240.50			\$ 240.50
1011	Daily Reflections	Brentwood - Monday - 8:30 AM	\$ 40.00			\$ 40.00
1020	Get Sober Win Prizes	Martinez - Monday - 6:30 PM		\$ 122.40		\$ 122.40
1050	Monday Night Feeling Right	Clayton - Monday - 7:30 PM	\$ 697.00			\$ 697.00
1075	Primary Purpose	Dublin - Monday - 7:00 PM			\$ 50.00	\$ 50.00
1136	Nursery #4	Lafayette - Monday - 7:45 PM		\$ 200.00		\$ 200.00
1150	AA (Oakley Monday Night)	Oakley - Monday - 8:00 PM			\$ 200.00	\$ 200.00
1160	Orinda Step	Orinda - Monday - 10:30 AM	\$ 85.40			\$ 85.40
1180	Watch Your Step	Rossmoor - Monday - 7:00 PM	\$ 322.50			\$ 322.50
1189	Eye-Openers	Mayhew - Monday - 10:30 AM	\$ 201.00			\$ 201.00
1190	Womens Solution 12&12 (online)	Walnut Creek - Monday - 12:00 PM		\$ 91.00		\$ 91.00
1200	Life of Sobriety	Walnut Creek - Monday - 5:30 PM	\$ 103.13			\$ 103.13
1250	Point Richmond Group	Richmond - Monday - 7:00 PM	\$ 48.16			\$ 48.16
2013	Antioch Happy Hour	Antioch - Tuesday - 7:00 PM		\$ 150.00		\$ 150.00
2014	Early Risers Traditions	Brentwood - Tuesday - 8:30 AM	\$ 40.00			\$ 40.00
2015	Sober Down Town	Brentwood - Tuesday - 4:30 PM	\$ 160.00			\$ 160.00
2020	Clayton Valley Men's	Clayton - Tuesday - 7:30 PM	\$ 945.00			\$ 945.00
2022	Women's Big Book Study	Clayton - Tuesday - 7:00 PM	\$ 350.00			\$ 350.00
2080	High Noon Group	Lafayette - Tuesday - 12:00 PM	\$ 290.48			\$ 290.48
2085	3rd Tradition	Lafayette - Tuesday - 5:30 PM	\$ 150.00			\$ 150.00
2110	Hilltop Group	Martinez - Tuesday - 7:30 PM	\$ 34.30			\$ 34.30
2190	Brown Baggers	Mayhew - Tuesday - 12:30 PM	\$ 304.00			\$ 304.00
2222	Legacy Group	Mayhew - Tuesday - 10:30 AM			\$ 127.65	\$ 127.65
2223	Big Book Breakdown	Pleasant Hill - Tuesday - 6:30 PM	\$ 550.00			\$ 550.00
2125	Simple Steps Big Book Study	Oakley - Tuesday - 6:00 PM			\$ 197.00	\$ 197.00
3031	Crossroads	Brentwood - Wednesday - 4:30 PM	\$ 60.00			\$ 60.00
3034	Brentwood Early Risers Traditions	Brentwood - Wednesday - 8:30 AM	\$ 30.00			\$ 30.00
3037	Delta Women	Brentwood - Wednesday - 10:00 AM	\$ 163.52			\$ 163.52
3060	Knightsen Group	Oakley - Wednesday - 7:30 PM	\$ 86.50			\$ 86.50
3073	Wise Women	Lafayette - Wednesday - 7:30 PM	\$ 164.63			\$ 164.63
3150	Gregory Smokeless	Pleasant Hill - Wednesday - 7:30 PM	\$ 184.80			\$ 184.80
3160	Richmond Originals	Richmond - Wednesday - 8:30 PM			\$ 78.75	\$ 78.75
3170	Lunch Time Group	Walnut Creek - Wednesday - 12:00 PM	\$ 70.44		\$ 16.26	\$ 86.70
3175	Into The Light	Mayhew - Wednesday - 10:30 AM	\$ 389.27			\$ 389.27
3180	Big Book Study	MEETING INFO NOT KNOWN	\$ 40.00			\$ 40.00
4015	Primary Purpose Group	Brentwood - Thursday - 7:00 PM	\$ 138.23			\$ 138.23
4028	Rise and Reflect	MEETING INFO UNKNOWN	\$ 30.00			\$ 30.00
4091	We Need Each Other	Oakley - Thursday - 7:30 PM	\$ 317.50			\$ 317.50
4111	Third Step Group	Mayhew - Thursday - 10:30 AM	\$ 108.00		\$ 125.00	\$ 233.00
4120	Putnam Nooners	Pleasant Hill - Thursday - 12:00 PM	\$ 112.49			\$ 112.49
4125	Bookworms	Mayhew - Thursday - 7:00 PM	\$ 172.80			\$ 172.80
4127	Keys of the Kingdom	Mayhew - Thursday - 8:30 PM	\$ 44.00			\$ 44.00
4155	No Matter What	Walnut Creek - Thursday - 6:30 PM			\$ 292.40	\$ 292.40
5019	Brentwood Early Risers	Brentwood - Wednesday - 8:30 AM		\$ 30.00		\$ 30.00
5047	We Are Not Saints	Byron - Friday - 7:30 PM	\$ 200.00			\$ 200.00
5060	Friday Nite Candlelight	Clayton - Friday - 8:00 PM	\$ 467.00			\$ 467.00
5140	Pinole Friday Candlelight	Pinole - Friday - 7:00 PM		\$ 200.00		\$ 200.00
5165	AA Big Book Study	San Pablo - Friday - 5:00 PM		\$ 312.00		\$ 312.00
5175	Friday Night Friendship	San Ramon - Friday - 6:30 PM	\$ 55.00			\$ 55.00
5200	No Name Group	Mayhew - Friday - 5:30 PM	\$ 47.27			\$ 47.27
5220	Keep it Simple	Walnut Creek - Friday - 7:30 PM	\$ 138.00			\$ 138.00
5230	Live and Let Live	Mayhew - Friday - 8:30 PM	\$ 289.61			\$ 289.61
5250	Happy Hour	Danville - Friday - 5:00 PM	\$ 281.00			\$ 281.00
5300-Z	All Spiritual Concepts Online	Walnut Creek - Friday - 12:00 PM	\$ 38.40			\$ 38.40
6010	Antioch Saturday Noon	Antioch - Saturday - 12:00 PM	\$ 592.31			\$ 592.31
6028	Eye Openers	Brentwood - Saturday - 6:30 AM	\$ 103.00			\$ 103.00
6150	Saturday Serenity	Walnut Creek - Saturday - 5:00 PM	\$ 238.50			\$ 238.50
6301	Gratitude in Action	Brentwood - Saturday - 8:30am		\$ 30.00		\$ 30.00
7007	Spiritual Fitness	Mayhew - Sunday - 8:30 PM	\$ 202.00			\$ 202.00
7020	Stay Alive Group	Antioch - Sunday - 7:30 PM		\$ 426.00		\$ 426.00
7025	Islanders	Bethel Island - Sunday - 10:00 AM		\$ 135.00		\$ 135.00
7026	Dirty Dozen	Brentwood - Sunday - 8:30 AM	\$ 360.00			\$ 360.00
7035	New Life	Mayhew - Sunday - 8:00 AM	\$ 477.13			\$ 477.13
7112	BYO Breakfast	Martinez - Sunday - 8:30 AM	\$ 177.10			\$ 177.10
7117	Out of the Fog	Orinda - Sunday - 8:30 AM	\$ 440.00			\$ 440.00
7120	Love and Service Group	Pleasant Hill - Sunday - 6:00 PM			\$ 44.89	\$ 44.89
7123	Just AA	Pleasant Hill - Sunday - 6:30 PM	\$ 261.07			\$ 261.07
7158	Afternoon Delight	Mayhew - Sunday - 5:00 PM	\$ 237.30			\$ 237.30
7160	Tice Creek Group - Sunday at Grace	Walnut Creek - Sunday - 7:30 PM	\$ 13.28			\$ 13.28
8100	Concord Fellowship (0810)	Concord - UMBRELLA	\$ 60.00		\$ 60.00	\$ 120.00
8200	Concord Originals	Concord - UMBRELLA		\$ 571.00	\$ 291.00	\$ 862.00
8250	El Lenguaje del Corazon (0825)	Concord - UMBRELLA	\$ 25.00	\$ 25.00		\$ 50.00
8300	Danville Fellowship (0830)	Danville - UMBRELLA	\$ 1,946.48	\$ 37.74	\$ 1,625.87	\$ 3,610.09
8350	Firm Foundations	Brentwood - UMBRELLA	\$ 22.05			\$ 22.05
8400	Diablo AA (0840)	Diablo - UMBRELLA	\$ 226.49	\$ 353.51	\$ 860.68	\$ 1,440.68
8500	El Sobrante Fellowship	El Sobrante - UMBRELLA		\$ 1,103.59		\$ 1,103.59
8670	The Hut at 6am (0867)	Lafayette - UMBRELLA	\$ 550.00			\$ 550.00
8750	San Ramon Group	San Ramon - UMBRELLA		\$ 175.00		\$ 175.00
TOTAL GROUP CONTRIBUTIONS - YTD						\$ 22,366.63
NEED MORE INFORMATION						
	GROUP UNKNOWN		\$ 367.52			
	GROUP UNKNOWN		\$ 47.00			
	GROUP UNKNOWN Women's Step Meeting	IG NUMBER UNKNOWN	\$ 181.12			



SUN	MON	TUE	WED	THURS	FRI	SAT
26	27	28	29	30	1	2
General Service Conference New York April 26 – May 2						10:00 AM Traditions Breakfast Debrief 193 Mayhew Way Doors open 7:30 PM; Meeting at 8:00 PM Danville – Diablo Speaker Meeting Community Presbyterian Church 222 W. El Pintado, Danville
7:30 AM (breakfast) 8:30 AM (Meeting) Grand Opening Meeting – Out of the Fog Lake Anza Parking Lot in Tilden Park	4	6:45 PM New GSR Orientation and 12 Concepts & Service Manual Study 7:30 PM District 08 - General Service Hybrid 130 Muir Station Road Zoom 292-725-7830	6	7	7:30 PM Pleasant Hill Rec: Bingo Night 396 Civic Drive	10:00AM Spring Scramble Planning Meeting 193 Mayhew Way 12:00– 4:00 PM Area Archive Workshop 193 Mayhew Way, Walnut Creek
9:30 AM H&I Orientation for Newcomers 193 Mayhew Way, Walnut Creek 10:00 AM H&I Business Meeting 193 Mayhew Way, Walnut Creek Zoom Meeting 841 3658 2706 Password: 744971	11	7:30 PM Intergroup Operating Committee (IOC)	13	14	15	8:30AM – 5:00PM Post Conference Assembly 2026 1000 Ulatis Drive, Vacaville Zoom ID: 832 553 607 10:00AM Pre-Pre-Planning Meeting for Service Center's 60th Anniversary 193 Mayhew Way Doors open 7:00 PM; Meeting 8:00 – 9:15 PM All Groups Speaker Meeting Church of the Resurrection 399 Gregory Lane, Pleasant Hill
17	18	19	20	21	22	23
					Final submissions for June Communique are due.	10:00AM Spring Scramble Planning Meeting 193 Mayhew Way 12:30 – 3:30PM Area Committee Meeting (ACM) 320 N. McDowell Blvd., Petaluma 7:00PM East County Speaker Meeting St. John's Lutheran Church, 1360 E. Tregallas Road, Antioch
24	25	26	27	28	29	30
	Memorial Day Service Center Closed	7:00 PM New Intergroup Rep. Orientation 185 Mayhew Way, Walnut Creek 7:30 PM Intergroup Meeting 193 Mayhew Way, Walnut Creek				11:00 AM Pleasant Hill Rec: Picnic Pleasant Hill Park 147 Gregory Lane, Pleasant Hill 11:00 AM – 2:00PM GSWP: Spring Picnic Concord Community Park 3501 Cowell Road, Concord 7:30 PM El Sobrante Birthday Meeting 5151 Argyle Rd, El Sobrante
31						