

COMMUNIQUE



March 2026

**- NOTICE PAGE -
MARCH 2026**

CONTACT INFORMATION

24-Hour Hotline: 925-939-4155
Service Center: 925-939-5371
Intergroup Site: ContraCostaAA.org

SERVICE CENTER HOURS

Monday – Friday: 9:00 AM to 5:00 PM
Saturday: 10:00 AM to 2:00 PM
Sunday: Closed

Federal Holidays: Closed	03-Jul	Independence Day – Observed (Friday)	
01-Jan	New Year’s Day (Thursday)	07-Sep	Labor Day
19-Jan	Martin Luther King Jr. Day	12-Oct	Indigenous Peoples’ Day
16-Feb	President’s Day	11-Nov	Veterans Day (Wednesday)
25-May	Memorial Day	26-Nov	Thanksgiving Day (Thursday)
19-Jun	Juneteenth (Friday)	25-Dec	Christmas Day (Friday)

INTERGROUP MEETINGS

Fourth (4th) Tuesday of each month, excluding December

Next Intergroup Meeting : March 24th 2026

7:00 PM : New Intergroup Rep/Alt Orientation

7:30 PM : Intergroup Business Meeting

WELCOME TO OUR NEWEST IG REPS & ALTS

January 2026

Mike	New Vista	Angela	Brentwood Women’s Big Book
Stephanie	Get Sober Win Prizes (GSWP)	Josh	5150 Group
Jeannine	Islanders	Jake	No Name Group
Alice	Winners Group (Alt)	David	Clayton Valley Men’s Group
Erika	Antioch Saturday Noon	Shelly	No Matter What Group
Kat	Delta Women	Kristy	A Day in the Life
Tina	Antioch Traditionals	Deb	Clayton Women’s Group
Tom	East County Men’s Stag	Tom	Legacy Group
Norbert	Out of the Fog	Robert	Life is Sobriety (Alt)
David	More Will Be Revealed	Judy	Principles Study Group
Karen	Pleasant Hill Group (Alt)	Samantha	Putnum Nooners
		Martin	Concord Fellowship

CONTACTED THE SERVICE CENTER

Total Contacts: 366 | **Calls:** 94 | **Visitors:** 272

A.A. Help: 2

A.A. Info: 363

Al-Anon Info: 1

March 2026 Communique

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DANVILLE-DIABLO SPEAKER MEETING

The First Saturday of the Month

FOR MORE INFORMATION PLEASE CHECK OUR WEBSITE AT DDSM.ORG OR EMAIL DANVILLEDIBLOSM@GMAIL.COM

COMMUNITY PRESBYTERIAN CHURCH

222W El Pintado Danville CA

8:00-10:00pm

Doors open at

7:30pm

ONLINE:

ZOOM LINK:

[CLICK HERE](#)

885-808-3946

PASSWORD 146975

COME CELEBRATE YOUR BIRTHDAY!



We have a 50/50 and literature drawing!

30, 60, 90 DAYS, 6 & 9 MONTHS, 1, 2 AND
CONSECUTIVE YEARS THEREAFTER!

UPCOMING SPEAKERS

MARCH 7, 2026 - BILLY N., PALM BEACH GARDENS, FL

** APRIL 11, 2026 - LULU A., ST LOUIS, MO

MAY 2, 2026 - JULIE T., SEATTLE, WA

JUNE 6, 2026 - JIMMY D., MALIBU, CA

JULY 4, 2026 - FATHER TOM W., OAKLAND, CA

** WE WILL BE MEETING THE 2ND SATURDAY IN APRIL

Join us for dinner with the speaker!

6:00pm at Hazy Barbecue - 200 Hartz Ave., Danville

RSVP to Hospitality Chair at danvillediablosm@gmail.com by noon,
Friday before meeting or without RSVP we cannot guarantee a seat or table.



SCAN TO PAY

[7TH TRADITION DONATION](#)



DANVILLEDIBLOSM@GMAIL.COM



WWW.DDSM.ORG

7 a.m. AA Online Zoom Meetings Pleasant Hill

Use link [336 634 3949](https://www.aa.org/online-meetings) and password "PHsober"

"A grateful heart doesn't drink" is the saying in Alcoholics Anonymous that emphasizes how practicing gratitude can be a powerful tool for staying sober. It suggests that focusing on appreciation for what one has in life, instead of negative emotions, resentments, or self-pity, makes a person less likely to turn to alcohol as a coping mechanism. Hence, we start four meetings a week with gratitude's.

Meeting Topics for the Week

Saturday

Wild Card

Sunday

Daily Reflections

Monday

Big Book Study

Tuesday

As Bill Sees It

Wednesday

Daily Reflections

Thursday

Speaker/Discussion

Friday's only

1st Friday = Step of the month
2nd Friday = Tradition of the month
3rd Friday = Language of the Heart
4th Friday = Traditions Checklist
5th Friday = Language of the Heart



PLEASANT HILL REC COMMITTEE

**ST. PATRICK'S
DAY**



KARAOKE

**FRI.
MARCH
13TH**



7:30 PM



FREE PIZZA & SNACKS

 **396 CIVIC DR.**

 **MORE INFO:
MIKE
925-812-1870**

Join the Bucks O'Month Club Support your Contra Costa Service Center!

For only \$20.00 a year you can help "carry the message to the alcoholic who still suffers".

Your dollars help pay for the following.

- The 24-hour meeting hotline
- Contra Costa Meeting Schedules
- Intergroup Activities
- All Groups Speaker Meeting
- Annual Anniversary Party
- July Picnic
- Online Audio Library
- Public Information

As a thank you we will send you the monthly newsletter, "The Communiqué"

Cut Here

Just mail \$20.00 and this form to:

**The Contra Costa Service Center
185 Mayhew Way
Walnut Creek, CA 94597**

I wish to join the Bucks O'Month Club.

Name _____

Address _____

City and Zip Code _____

Telephone Number _____

Home Group _____



All Groups
Speaker
Meetings

THIRD SATURDAY OF THE MONTH

Doors Open at 7:30 pm
Meeting starts at 8:00 pm

- Host Group overview / history
- 10 minute speaker
- Main Speaker

Church of the Resurrection

399 Gregory Lane - Pleasant Hill

Date: Saturday, March 21

Speaker: Martin D.

Hosted by: Gregory Smokeless, Pleasant Hill

For more info or to have YOUR group host a meeting,
contact Jessica: lilosborne80@gmail.com

Childcare Women's Meeting



Stepping Up Our Standards
Tuesday's 7pm

All Children
welcome!

Saint Mark's Church

Address: 3051 Putnam Blvd, Pleasant Hill

Our professional sitter will watch children in the designated play room next to the meeting room

The 25th Annual
Traditions
BREAKFAST

Hosted by Contra Costa Intergroup

PASTRIES • BREAKFAST • RAFFLE BASKETS • 50/50

SPEAKERS

Michelle H. ✕ Jeremy M. ✕ Kathy Y. ✕ Gary S.

8:00a - 9:00a | SATURDAY | **9:00a - 12:00p**
Doors Open & Fellowship | **APRIL 4** | Traditions & Breakfast

Pleasant Hill Senior Center • 233 Gregory Lane • Pleasant Hill

IN PERSON


185 Mayhew Way
Walnut Creek

TICKETS AVAILABLE

FEBRUARY 24


\$35
+ Online Service Fee

ONLINE


Contra Costa AA
Events Page

PLANNING MEETINGS

Saturdays • 10:30am • Mayhew Mtg Room
March 07 • March 21

Adults Only & No Entry Permitted Prior to 8am.

FOR MORE INFO CONTACT SAMANTHA K. AT 925-808-5774



The National AA
Technology Workshop
COMES TO THE BAY!

Save The Date
September 11-13, 2026
Concord Hilton + Hybrid

Get Involved

KICKOFF PLANNING MEETING

Saturday, March 14, 2026

10:00 AM via Zoom

ID: 236 389 3656 PW: AA

Opportunities Include:

- Outreach
- Hospitality
- Volunteer Coordinator
- Registration
- Tech Team
- Treasurer

NAATW.ORG
TECH@CNCA06.ORG

"Live from Brentwood California it's Saturday Night Live!"



3rd Saturday 7:30 to 9:00 pm
Cornerstone
Fellowship Church
6641 Lone Tree Way, Brentwood

Saturday, March 21

15 minutes Speaker and 45 Minute Main Speaker



- Sobriety Count Down
- Raffle Drawing (AA Prizes)
- SNL Speaker CD's for sale & pre-order \$5
- Legendary AA Coffee & Cookies
- 12 Step Recovery AA Speakers
- Ice Cream Social follows

FOR MORE INFO CONTACT ORION OFELLES@COMCAST.NET

Love & Service Group of Pleasant Hill, CA

loveandservicegroup.org

**Thursday Night | 7:00
PM**

In-person meeting with
a choice of formats -
Newcomer, Big Book,
Steps/Traditions/Concepts,
or Introduction
to Meditation

.....
**Contact us for more
information:
info@loveandservicegroup.org**



All in-person meetings
are held at
Hope Center
2275 Morello Avenue
Pleasant Hill,
CA 94523

Sunday Night | 6:00 PM

Hybrid Speaker Meeting
In-Person or Online
Zoom ID: 761 118 6101
Password: LNS12tcnb

3/1 HomeGroup Birthdays
Wendy & Jeanatte

3/8 Liz G., Sacramento, CA

3/15 Bill C., Pasadena, CA

*3/22 Evette B., Antioch, CA
BIRTHDAY CHIP NIGHT 🍪

*4th Sunday of each month
ASL interpretation

HOW CAN I BE OF SERVICE?

Volunteers are always needed and your service is very valuable in carrying the message to those who still suffer. There are many ways to help!

Host an All Groups Speaker Meeting!

The All Groups Speaker Meeting meets the 3rd Saturday of the month and is always looking for "Host Groups". This is a fun way to get your group into the service of AA as a whole in Contra Costa. Contact Terry G. for more info 714-487-7466.

Office Volunteers

Friendly helpers needed to be the voice and face of AA at the service center desk and answer the phone. Training is provided. Requirement: Two years' sobriety. Contact Alice S., Office Volunteer Coordinator at ccsc.ovc@gmail.com.

Hotline Shifts and 12th Step Calls

Contact Hotline Chair – Jorge Z. at 12121980JR@gmail.com

Public Information

PI & Cooperation with Professional Community (CPC) need your help spreading the word. Contact Craig F. at FrostcraL@yahoo.com for more information about who benefits from PI/CPC presentations and how your referrals work.

Help Plan the Next Intergroup Event

Planning events for Alcoholics to get together is important for a sense of unity. Help plan and be of service in a big way.

Office Volunteer Appreciation ~ February 2026

This month, we would like to extend our heartfelt thanks to one very special volunteer who has dedicated every Thursday morning to being of service at the Contra Costa Service Center for the past 10+ years — **Susan B.**

Susan, your steady commitment, generosity, and dedication to serving others embody the spirit of our AA community. We are deeply grateful for your years of selfless service. Thank you for all you do!

WELCOME!

We are delighted to welcome three new volunteers to the Service Center:

- ◇ Carrie H.
- ◇ Richard G.
- ◇ Eileen S.

Thank you for stepping forward to be of service!

EAST COUNTY SPEAKER MEETING

March 28, 2026

Speaker:

Gabe C.

From Lafayette, CA

JOIN US FOR
COFFEE, CAKE, RAFFLES,
BIRTHDAY CHIPS & FELLOWSHIP

DOORS OPEN AT 7PM
MEETING BEGINS AT 8PM

St. John's Lutheran Church
1360 E. Tregallas Rd. Antioch, CA 94509

PRIMARY PURPOSE GROUP



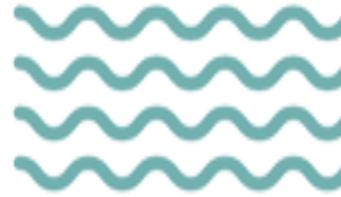
OPEN AA
BIG BOOK
STUDY

Join Us!
Every Thursday

7:00-8:00pm
8385 Brentwood Blvd.
Suite B
Brentwood, CA 94513



2026 NORCAL WOMAN TO WOMAN CONFERENCE



HARBOR -of- RECOVERY

A WEEKEND FOR WOMEN IN RECOVERY

May 15-17, 2026

Seacliff Inn - 7500 Old Dominion Court, Aptos, CA 95003



PRICING

Double occupancy: \$475
Single occupancy: \$750 (limited availability)

REGISTRATION

Open through March 30.
Fees payable via Zelle or by mailing a check
(details provided in registration form).

Register Here:

forms.gle/tzaeHZeccPU4KHgv9

CONTACT

Registration Info:

Pam L.
(510) 329-0896
pamlittlej@gmail.com

Kate L.
(925) 366-3014
kslawrence2@gmail.com

Conference Info:

Evette B-R
(925) 281-7539
venusreeds@gmail.com

Scan Here to Register:



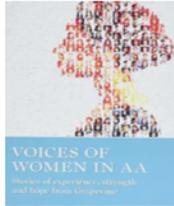
We look forward to celebrating the 41st anniversary of the NorCal W2W retreat. Join us for a weekend of fellowship, serenity, and fun. Registration is limited—first come, first served.

Conference Website:



Conference Website & More Info:

sites.google.com/lothar.net/2026-norcal-woman2woman-confer



Clayton Valley Women's Meeting

When: every Tues 7:00-8:00

Where: 6055 Main St, Clayton CA

Clayton Community Church; Community Room

What: Literature meeting, currently reading "Voices of Women in AA". We have books available to borrow

Who: Women only- closed group

Please share with your groups, bring your sponsor or sponsee. Tea and coffee will be provided. We always have delicious snacks too. Please join us!

Sobriety countdown on the 3rd Tue of each month



Firm Foundations Group LGBTQ+ Meetings in Brentwood

New Location and Times: 613 Kenwood Drive Brentwood

Tuesday	5:00 – 6:00 As Bill Sees It	All meetings in person and on mobile
Wednesday	6:30 – 7:30 Grab Bag	Join by phone: 297-807-9605
Friday	5:00 – 6:00 Literature	Passcode 104522#

No smoking and scent free

Residential property

Office of Interfaith Peace Project



El Sobrante Fellowship's Birthday Night!

Please join us on the last Saturday of the Month at 7:30PM

El Sobrante United Methodist Church

5151 Argyle Rd., El Sobrante

Come Celebrate your sobriety Birthday!

Cake, Coffee, Tea & Fellowship

Get Sober Win Prizes

Presents

IS MY TRIANGLE BALANCED?



A Panel Discussion on AA's 3 Legacies: Unity - Service - Recovery

Our panel speakers will share their experience with finding and maintaining joyful, long-term sobriety through personal growth (Recovery), participation in the fellowship of AA (Unity), and giving back to other alcoholics (Service). Panel discussion will be followed by a Q&A session.

Saturday March 7, 2026

11:00am - 12:15pm

1229 Court St, Martinez, CA 94553

Zoom ID: 842 0821 3387 || Password: 1935Prizes



**POWDERKEG AA
MEETING**

**Thursday March 26, 2026
Quarterly Birthday Speaker Meeting**

Pinole Valley Community Church 2885 Pinole Valley
Road

POTLUCK

Begins at 6 PM

SPEAKER AT 7 PM

Mac M.(Rio Vista)



HAPPY BIRTHDAY - MARCH 2026



NO. OF YEARS	MEMBER NAME	SOBRIETY DATE	HOME GROUP
20 - Years	Heather P.	03-04-2006	The Hut
34 - Years	Jerry W.	03-21-1992	Concord Originals
39 - Years	Karen C.	03-20-1987	Monday Night Feeling Right

Want Your Birthday Listed in *The Communiqué*?

Join the Birthday Club!

Celebrate your sobriety with us—we'd be honored to recognize your birthday.

Submit a contribution of **\$1 for each year of sobriety** (or any amount you choose), and we will:

- List your birthday in *The Communiqué* for your birthday month, and
- Mail you a copy of that issue.

Deadline: Submit your request by the **10th of the previous month**.

Requests received after the deadline will appear in the following month's issue.

To participate: Complete the form below and mail it with your donation to:

Contra Costa Service Center
 185 Mayhew Way
 Walnut Creek, CA 94597



BIRTHDAY CLUB FORM

\$ _____ enclosed

First Name and Last Name Initial: _____

Email Address: _____

Phone Number: _____

Mailing Address: _____

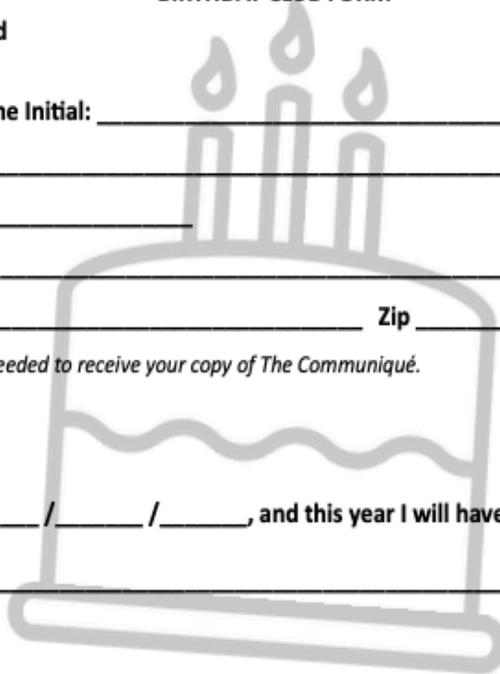
City _____ Zip _____

*Note: A mailing address is needed to receive your copy of *The Communiqué*.*

BIRTHDAY INFO

My sobriety date is ____ / ____ / ____, and this year I will have ____ years.

My Home Group is _____.



Find the Contra Costa Communique Online
Click the Communique to see all upcoming
Events and Happenings!!

Contracostaaa.org



Love & Service Group of Pleasant Hill, CA
loveandservicegroup.org

In person:
Hope Center
2275 Morello Ave
Pleasant Hill,
CA 94523



Hybrid Speaker Meeting
we will celebrate online
birthdays too!

Online:
Zoom ID: 761 118 6101
Password: LNS12tcnb

30, 60, 90 days to 50+ years!



We are now a chip meeting!

The 4th Sunday of the month
Sunday Night | 6:00 PM



*4th Sunday of each month
ASL interpretation

Call Out For Committee Volunteers

42nd Annual Contra Costa Women's Symposium

JOIN US!

EVERY 4TH SATURDAY OF THE MONTH
(FEBRUARY - JULY 2026)

TOGETHER IN SERVICE,
UNITED IN RECOVERY:
JOIN THE WOMEN'S
SYMPOSIUM
COMMITTEE

8:30 AM - 9:30 AM

396 CIVIC DRIVE, PLEASANT HILL

QUESTIONS OR MORE INFO:
CCAASYMPOSIUM@GMAIL.COM



A.A World Services, Inc
PO Box 459
Grand Central Station
New York, NY 10163
(212) 870-2400
www.aa.org

SERVICE CONTACT INFORMATION

Intergroup: Matt W. (925) 705-5140

www.contracostaAA.org

General Service District 08: Chuck B. (925) 698-7652

district08cnca.org

Bridging the Gap: James R. (510) 222-4447;

btgcoco@gmail.com

Hospitals & Institutions: Annetta D. (707) 332-1349

www.handinorcal.org

CNCA Area 06

www.cnca06.org

Northern California Council of AA

www.norcalaa.org

MONTHLY GENERAL SERVICE DISTRICT 08 MEETING

Hybrid Meeting held the first Tuesday of each month at 7:30 PM

Grace Episcopal Church, 130 Muir Station Road, Martinez, CA

Zoom Meeting: 292 725 7830

New GSR Orientation starts at 6:45 PM

Service Manual & Concept Study also starts at 6:45 PM

Meeting Begins at 7:30 pm

Contra Costa Service Center

Financial Report: Operation Fund and Prudent Reserve

January 2026

Operating Cash Summary	2025 DECEMBER	2025 YTD	2026 JANUARY	2026 YTD
Transfers to Prudent Reserve	\$ -	\$ -	\$ -	\$ -
Revenue	\$ 7,438	\$ 205,901	\$ 46,044	\$ 46,044
Expense + /(-)	\$ (15,404)	\$ (201,038)	\$ 37,156	\$ 37,156
YTD Increase / (Decrease)	\$ (7,966)	\$ 4,863	\$ 8,889	\$ 8,888

Prudent Reserve Summary	2025 DECEMBER	2025 YTD	2026 JANUARY	2026 YTD
Beginning Balance	\$ 77,794	\$ 77,794	\$ 80,165	\$ 80,165
Transfers: Operating Account and Book Fund	\$ -	\$ -	\$ -	\$ -
Dividends Received	\$ 2,371	\$ 2,371	\$ -	\$ -
Prudent Reserve Balance—End of period	\$ 80,165	\$ 80,165	\$ 80,165	\$ 80,165

Book Sales Summary

Cash Book Receipts for Period	\$ 2,455
Cost of Books Sold	\$ 1,841
Net Profit for the Period	\$ 614

Liquid Assets Summary

Operating Cash (Wells Fargo) 01/31/26	\$ 64,222
Prudent Reserve (Operations)	\$ 30,165
Prudent Reserve (Facilities Relocation)	\$ 50,000
Savings Account (Fee Free Account)	\$ 505
Book Fund Account (MFB)	\$ 2,078
Book Inventory (on-hand, 01/31/26)	\$ 9,262
Total Book Fund:	\$ 11,340
Total Liquid Assets	\$ 156,232

Contra Costa Service Center

Financial Report: Operating Fund (only)

January 31, 2026

REVENUE	JANUARY ACTUAL	2026 YTD	2025 ACTUAL	2025 BUDGET
Books Sales (25%, Net)	\$ 2,455	\$ 2,455	\$ 9,901	\$ 8,500
Bucks Club/Member Donations	\$ 160	\$ 160	\$ 3,325	\$ 2,800
Group Contributions	\$ 19,066	\$ 19,066	\$ 100,852	\$ 95,000
Intergroup Income	\$ 149	\$ 149	\$ 1,208	\$ 1,500
193 Mayhew Rent, etc.	\$ 4,750	\$ 4,750	\$ 24,007	\$ 30,000
Other / Miscellaneous	\$ -	\$ -		
Intergroup Special Events				
Traditions Breakfast	\$ -	\$ -	\$ 11,309	\$ 4,500
Golf Scramble	\$ -	\$ -	\$ 25,295	\$ 17,000
Picnic	\$ -	\$ -	\$ -	\$ -
Anniversary Event	\$ -	\$ -	\$ 6,309	\$ 11,000
New Year's Event	\$ 19,061	\$ 19,061	\$ 360	\$ 12,000
Wages and Taxes (refund)	\$ -	\$ -	\$ -	\$ -
All Groups Spkr. Mtg.	\$ 218	\$ 218	\$ 4,157	\$ 2,200
Insurance Premiums (Group Liability)	\$ 186	\$ 186	\$ 1,306	\$ -
Total Revenue	\$ 46,044	\$ 46,044	\$ 188,029	\$ 184,500

EXPENSES	JANUARY ACTUAL	2026 YTD	2025 ACTUAL	2025 BUDGET
Wages	\$ 10,650	\$ 10,650	\$ 57,986	\$ 62,000
Health Benefits	\$ 350	\$ 350	\$ 1,575	\$ 2,100
Expenses by Location				
193 Mayhew Rent, Utilities & Supplies	\$ 3,313	\$ 3,313	\$ 27,509	\$ 32,000
185 Mayhew Rent, Utilities & Supplies	\$ 3,820	\$ 3,820	\$ 26,465	\$ 24,241
General Expenses			\$ 31,077	\$ 27,059
Accounting / Credit Card Handling fee	\$ 725	\$ 725	\$ 1,475	\$ 1,000
Online services				
Postage: Communique & Stamps	\$ 180	\$ 180	\$ 1,498	\$ 1,700
Books and Literature	\$ -	\$ -	\$ 1,660	\$ 2,000
Sales Tax (9.75%) pd Quarterly	\$ 557	\$ 557	\$ 2,291	\$ 3,000
Public Information / fees & materials			\$ -	\$ -
Intergroup Special Events				
Traditions Breakfast			\$ 5,750	\$ 2,600
Golf Scramble			\$ 17,115	\$ 12,100
Picnic			\$ -	\$ 1,400
Anniversary Event			\$ 4,771	\$ 6,250
New Years Event	\$ 17,489	\$ 17,489	\$ 4,985	\$ 6,500
All Groups Speaker mtg.	\$ 72	\$ 72	\$ 786	\$ 1,700
TOTAL EXPENSE	\$ 37,156	\$ 37,156	\$ 184,943	\$ 185,650

Operating Fund (Profit / Loss)	\$ 8,889	\$ 8,889	\$ 3,086	\$ (1,150)
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Contra Costa Intergroup
January 27, 2026

Chair (Matt W) opened the meeting at 7:30 with Serenity Prayer

Roll- All committee chairs in attendance with exception of Telephone Hotline

New Intergroup Reps: Mike (New Vista 193 Mayhew), Stephanie (Get Sober Win Prizes), Jeannine (Islanders, Bethel Island), Alice (Winners Group -Alternate), Erika (Saturday Noon Women's Meeting – Antioch), Kat (Delta Women in Brentwood), Tina (Antioch Traditionals), Tom (East County Men's Stag), Norbert (Out of the Fog), David (More will be revealed), Karen (Pleasant Hill Group-Alternate), Angela (Brentwood Women's Big Book), Josh (5150 Group Oakley), Jake (No Names Group Friday 193 Mayhew), David (Clayton Valley Men's Group), Shelly (No Matter What Group), Kristy (A Day in the Life), Deb (Clayton Women's Group), Tom (Legacy Group), Robert (Life is Sobriety -Alternate), Judy (Prinsiles Group Danville), Samantha (Putnum Nooners), Martin (Concord Fellowship)

o **Secretary (Ashley J)** Read meeting minutes. Approved as corrected. Corrections.

- Alice- should say marathon meetings ASSIGNED on Wed 12/3.
- H&Iarea52.org instead of contracostaaa.org

Treasurer (Steve B) Revenue: \$7,438; Expenses \$15,404 for NOI of (\$7,965) Cash Balance \$56,461 as of May 31, 2025.

Group Overview: James (Crockett Group) Started in 1967. Has been a strong speaker discussion meeting for many years. 30-50 typically people in attendance. During covid, the meeting did not go onto zoom. The meeting is at St. Marks Church. The group has grown after covid, with secretaries bringing many speakers from outside areas.

Upcoming group overviews: February- Primary Purpose Group (Marcus), March- Concord Fellowship (Martin)

Topic Presentation: Matt thanked Don and committee for Orrin's memorial and also thanked Steve and Alice for making the service center transition smooth.

Steve and Alice volunteered over 40 hours per week for 2 months. Operating Committee felt that compensation was appropriate. Starting December 1 through January 31, Steve and Alice split the wages that would have been paid.

Introduced and welcomed Cyn as new special Worker. During compensation discussion before hiring, IOC had not factored in full compensation packages. SF compensation has 2 workers, at 64k salary, making compensation for our area too low. Ad Hoc Committee has been formed with Darla A, the Area treasurer and 2 other people (neutral parties). This committee will be researching other area salaries and ensuring fair compensation of special worker.

Cyn has found many cost saving measures and is bringing a new level of detail to the service center. Cyn noted that she is always available for questions. She is going to start making our money work for us, to make every dollar go as far as possible. Cyn has also started borrowing ideas from other service centers to streamline processes.

Going forward, printed communiques will be optional and reps can opt in/out online.

Operating Committee would like to make the bylaws available online. The Bylaws need to updated, and we are looking to have input on those updates.

Cyn announced that all databases are being rebuilt. There is a lot of missing information. Every group is being asked to take the group information form back to their groups. This form will allow all group information to be updated/corrected online.

Old Business: None

New Business: IOC Elections: Chairperson, Membership, Office Volunteers, Special Events, Service. Counted 39 eligible votes. 2/3 majority is 26.

- **Chairperson**
 - o Matt has served the two-term maximum, and is thereby unable to avail himself
 - o Group polled for contenders; Alice made herself available.
 - o Chairperson for '26-'27 is Alice S.
- **Membership**
 - o Martin has served the two-term maximum, and is thereby unable to avail himself
 - o Group polled for contenders; Lauren made herself available.
 - o Membership Coordinator for '26-'27 is Lauren.
- **Office Volunteers**
 - o Alice has served the two-term maximum, and is thereby unable to avail herself
 - o Group polled for contenders; Joanne made herself available
 - o Office Volunteer Coordinator for '26-'27 is Joanne
- **Special Events**
 - o Cyn is no longer able to avail herself.
 - o Group polled for contenders; Samantha made herself available.
 - o Special Events Chair for '26-'27 is Samantha.
- **Service**
 - o Claudia makes herself available for second year.
 - o Group polled for contenders; None available.
 - o Service Chair for '26-'27 is Claudia

Committee Reports

Membership (Martin D):

Outstanding secretary treasurer homegroup workshop. April 18th next workshop

Special Events (Cyn S):

- NYE- Vendors have been paid. Venue returned our deposit, and next year has been booked. Raffle basket revenue is apx \$1000 more than prior year. Debrief will be held on 1/31 at 11am.
- Traditions Breakfast: first Saturday in April (4/4) at Pleasant Hill Senior Center. Event will be 8am-12pm.
- Summer Picnic space will be booked soon.
- Anniversary Celebration needs further discussion before being booked.

Terry: What will the Traditions breakfast cost? Unknown at this time. Depends on El Sobrante breakfast budget. Can be kept low if we receive many raffle basket donations.

All Groups (Jessica O): All is going Awesome! Next meeting Feb 21. Host groups booked through July.

Office Volunteers (Alice S):

- AA help: 4, Al-Anon: 3, AA info: 489 (Calls- 151, Visitors- 345). Total: 496 contacts
- 24 Volunteers and 8 relief. 2-3 volunteers will be moving on in the spirit of rotation. Shifts needed: Thursday mornings and afternoons.

Service (Claudia M):

- General Service: Dist. 08 area 06 pre conf assembly April 11-12 in Petaluma.
- H&I: Brookside in Richmond is on Wednesday 6-7. Looking for secretaries
- 2026 NorCal Women's Conference May 15-17 in Aptos.

Public Information (Craig F): No update at this time. Still searching for events, waiting for DUI school updates.

Committee meeting is this Saturday 1/31.

Publishing (Trina S): Communique is very full! March Updates need to be submitted by 2/28. Online communique now has clickable links. New intergroup chairs need to see Trina after meeting to add info to communique.

Hotline (Jorge Z): No Update, not in attendance

Announcements:

Lauren – Turning Point Group Thursdays 630 pm is now online. Zoom ID and password is in communique. Looking for new location.

Jennifer: Member of accessibilities committee for district. If anyone would like information on making meeting more accessible, please contact her and committee will assist.

Don: Golf Scramble scheduled for June 5. Flyers will be out soon.

Marcus: Primary Purpose Group Thursdays in Brentwood. Preparing to do group inventory. Looking for members familiar with process.

Good of the Order: None

Meeting closed at 8:43 with responsibility statement.

id 854 798 527 07
PW 014909

Thursdays
6.30pm PST
9.30pm EST



The Turning Point Group
ALCOHOLICS ANONYMOUS

Thursday 7:30 pm YP meeting

396 Civic Dr. Pleasant Hill, CA 94523

MARBLE MEETING

Each week we give marbles for

1 – 12 mo, 18 mo & all years

**Because you had lost your marbles
and now you are getting them back!**

Questions? Comments? Kudos?
**Your IOC is here to serve you, please don't hesitate
to contact us.**

Alice S. – Chair
astaritawc@icloud.com

Steve B. – Treasurer
Steve94518@yahoo.com

Ashley J. – Secretary
ccsc.ioc.sec@gmail.com

Trina S. – Publishing (Communiqué)
ccaa.communicue@gmail.com

Claudia M. – Service (H&I and GSR Liaison)
Claudia92577@gmail.com

Lauren P. – Membership (New Reps & Training)
Laurenmills66@gmail.com

Craig F. – Public Info (AA Outside the room)
Contracostaaapi@yahoo.com

Jorge Z. – Hotline (24-hour hotline and 12 step calls)
12121980JR@gmail.com

Samantha K. – Special Events (Event Coordinator)
glsamtking@gmail.com

Joanne D. – Office Volunteer Coordinator
ccsc.ovc@gmail.com

Cyn S.
Manager@ContraCostaAA.org

Group Contributions to the Contra Costa Service Center

31-Jan-26

2026 YTD

MONDAY

1005 - Alamo 8:00PM Big Book	\$217.00	\$217.00
1010 - Antioch Short Story	\$240.50	\$240.50
1011 - Reflection on Grace	\$40.00	\$40.00
1012 - Crockett Group		\$0.00
1020 - Get Sober Win Prizes		\$0.00
1026 - Ask It Basket - Brentwood		\$0.00
1030 - Brentwood Big Book		\$0.00
1035 - AA Sponsorship - Brentwood		\$0.00
1040 - Never Too Late		\$0.00
1045 - Always Be Yourself		\$0.00
1050 - Feeling Right Monday Night	\$697.00	\$697.00
1060 - Unscripted #2		\$0.00
1075 - Primary Purpose, Dublin (was 4075)		\$0.00
1090 - Dry Dock, Discovery Bay		\$0.00
1110 - Could and Would - Walnut Creek		\$0.00
1180 - Rise and Reflect	\$30.00	\$30.00
1111 - Spearhead Group		\$0.00
1120 - Lafayette 11th Step	\$58.00	\$58.00
1122 - We Agnostics, Lafayette	\$200.00	\$200.00
1135 - Any Lengths, Lafayette		\$0.00
1136 - Nursery #4		\$0.00
1145 - Sobriety Without End - Martinez		\$0.00
1150 - Oakley Monday Night		\$0.00
1160 - Orinda Step	\$85.40	\$85.40
1165 - Girls Gone Mild		\$0.00
1170 - Orinda Nursery #2		\$0.00
1175 - Bottom of the Barrell		\$0.00
1180 - Rossmoor Watch Your Step	\$322.50	\$322.50
1185 - Rise & Reflect		\$0.00
1189 - Walnut Creek Eyeopeners	\$180.00	\$180.00
1190 - Walnut Creek Solutions		\$0.00
1195c- WC - Sunlight of the Spirit		\$0.00
1200 - Life Is Sobriety	\$103.13	\$103.13
1201 - REBOS, Walnut Creek		\$0.00
1205 - WC Nursery		\$0.00
1026 - Ask it Basket Brentwood		\$0.00
1250- Point Richmond Group	\$48.16	\$48.16

TUESDAY

0860-Z - What's Up Pioneers		\$0.00
2010 - East Co. Men's Stag Antioch	\$34.30	\$34.30
2011 - Delta Early Riser		\$0.00
2013 - Antioch Happy Hour		\$0.00
2014 - Early Risers Big Book	\$40.00	\$40.00
2015 - Sober Down Town	\$160.00	\$160.00
2016 - Afternooners		\$0.00
2020 - Clayton Men's Stag	\$945.00	\$945.00
2022 - Women's Big Book, B'wood	\$350.00	\$350.00
2024 - Easy Rider		\$0.00
2025 - Clayton Women (Tues 7pm) Lit.	\$169.00	\$169.00
2035 - Women's Big Book		\$0.00
2045 - Firm Foundation - Concord		\$0.00
2079 - Sunrise Friends, Lafayette		\$0.00
2080 - High Noon, Lafayette	\$290.48	\$290.48
2085- Lafayette Third Tradition		\$0.00
2110 - Martinez Hilltop Group		\$0.00
2112 - Big Book Comes Alive		\$0.00
2125 - Simple Steps by the Book		\$0.00
2140 - Orinda Group		\$0.00
2145 - Stepping Up Our Standards		\$0.00
2182 - Thank God It's Only Alcohol		\$0.00
2185 - Women's Step	\$150.00	\$150.00
2190 - Brown Baggers Group	\$304.00	\$304.00
2195 - Walnut Creek BYOB		\$0.00
2195-Z - Walnut Creek BYOB		\$0.00
2200 - W.C./The Grapevine Group		\$0.00
2205 - TGIOA Newcomers		\$0.00
2220 - To Any Lengths (Mayhew)		\$0.00
2222 - The Legacy Group		\$0.00

Group Contributions to the Contra Costa Service Center		
	31-Jan-26	2026 YTD
2223 - Big Book Breakdown, WC	\$550.00	\$550.00
2244 - Give It Away		\$0.00
2945 - Firm Foundation		\$0.00
WEDNESDAY		
3030 - Antioch Traditional Group		\$0.00
3031 - Crossroads, Brentwood	\$60.00	\$60.00
3033 - 11th Step, Brentwood		\$0.00
3034 - Traditional Study, Brentwood	\$30.00	\$30.00
3035 - Bethel Island Islanders		\$0.00
3037 - Delta Womens	\$163.52	\$163.52
3040 - How It Works - Brentwood		\$0.00
3042 - Daily Reflections/Step Study		\$0.00
3045 - Living in the Solution		\$0.00
3060 - Knightsen Group	\$86.50	\$86.50
3062 - Byron Big Book		\$0.00
3065 - Morning, Lafayette		\$0.00
3070 - Fireside Group		\$0.00
3073 - Lafayette Wise Women	\$164.63	\$164.63
3075 - Orinda Men's Group	\$465.00	\$465.00
3080 - Unity Lafayette		\$0.00
3113 - Dignitaries Sympathy		\$0.00
3150 - 399 Gregory Smokeless	\$184.80	\$184.80
3160 - Richmond -37th & Roosevelt		\$0.00
3161 - Women In Recovery San Pablo		\$0.00
3165 - Men's G.I.F.T. Meeting		\$0.00
3170 - WC Lunch Times		\$0.00
3175 - W.C. Into The Light	\$389.27	\$389.27
3180 - W.C. Big Book Study	\$40.00	\$40.00
3185 - W.C. Beginners Workshop		\$0.00
3188 - Steps to Life		\$0.00
3192 - W.C. A Day in Life		\$0.00
3195 - W.C. Back Alley Sobriety		\$0.00
3210 - Walnut Creek Nursery #3		\$0.00
THURSDAY		
4005 - Delta Early Risers		\$0.00
4010 - Room to Grow		\$0.00
4015 - Primary Purpose	\$138.23	\$138.23
4018 - Women's Big Book ~ Brentwood		\$0.00
4020 - The Byron Group		\$0.00
4021 - Brentwood Grapevine		\$0.00
4024 - Brentwood 11th Step		\$0.00
4025 - Brentwood Men's Stag		\$0.00
4027 - Concord Turning Point	\$44.00	\$44.00
4028 - Rise and Reflect		\$0.00
4040 - Daily Reprieve		\$0.00
4060 - Crockett Star Street Group		\$0.00
4065 - OHAT Danville		\$0.00
4070 - New Beginnings		\$0.00
4075 - Together Again		\$0.00
4078 - Powder Keg, Pinole		\$0.00
4080 - Doctor's Opinion, Moraga		\$0.00
4085 - Attitude, Lafayette		\$0.00
4091 - We Need Each Other	\$317.50	\$317.50
4096 - Bottom of the Hill		\$0.00
4105 - Sisters In Trust - Martinez		\$0.00
4109 - Martinez Big Book		\$0.00
4111 - Third Step Mayhew	\$40.00	\$40.00
4112 - Sharing from the Heart		\$0.00
4115 - Sober by the Shores, Richmond		\$0.00
4120 - Putnam Nooners	\$112.49	\$112.49
4121 - There is a Solution		\$0.00
4122 - Sobriety & Relationships		\$0.00
4125 - Bookworms Walnut Creek	\$172.80	\$172.80
4127 - The Keys Group	\$44.00	\$44.00
4130 - Walnut Creek Ramblers		\$0.00
4140 - Came to Believe, WC		\$0.00
4150 - Steps to Freedom		\$0.00
4155 - No Matter What Group		\$0.00
4160 - It is What It is		\$0.00

Group Contributions to the Contra Costa Service Center

	31-Jan-26	2026 YTD
4880 - Thursday Reflections		\$0.00
FRIDAY		
5005 - Newcomers Ask		\$0.00
5010 - Happy Joyous Free, Antioch		\$0.00
5015 - New Bridge		\$0.00
5019 - Brentwood Early Risers		\$0.00
5020 - As Bill Sees It (ECCF)		\$0.00
5024 - A Vision for You, Brentwood		\$0.00
5030 - Delta Women's 12 X 12		\$0.00
5040 - 4th Dimension, Brentwood		\$0.00
5042 - Carrying The Message, Brentwood		\$0.00
5045 - Friday Brentwood Originals	\$22.05	\$22.05
5047 - We're Not Saints, Byron		\$0.00
5055 - Solutions Group (CFR)		\$0.00
5060 - Friday Night Candlelight (CVPCh)	\$667.00	\$667.00
5066 - Danville Friday Young People		\$0.00
5068 - Ladies Tea		\$0.00
5070 - We Need Each IOther	\$317.50	\$317.50
5080 - Fun Bunch - Lafayette Hut		\$0.00
5085 - Lafayette Beginners		\$0.00
5100 - Diablo Valley Young People		\$0.00
5120 - Drunk Tank, Martinez		\$0.00
5140 - Pinole Friday Candlelight		\$0.00
5151 - Shore Acres Early Bird		\$0.00
5165 - San Pablo Big Book		\$0.00
5175 - Friday Friendship San Ramon		\$0.00
5180 - W.C. Reflections		\$0.00
5185 - No Name Step Study (Wiget)		\$0.00
5190 - W.C. Winners		\$0.00
5200 - W.C. No Name Group (Mayhew)	\$42.27	\$42.27
5215 - W.C. New Vista		\$0.00
5220 - Keep It Simple	\$138.00	\$138.00
5225 - In God's Care - WC		\$0.00
5230 - W.C. Live and Let Live	\$184.31	\$184.31
5230 - W.C. Live and Let Live	\$24.30	\$24.30
5250 - Happy Hour, Danville	\$281.00	\$281.00
5300 - All Spiritual Concepts		\$0.00
5300-Z - All Spiritual Concepts	\$38.40	\$38.40
5400 - Tradition One, Walnut Creek		\$0.00
SATURDAY		
6006 - Grateful Ones, Antioch		\$0.00
6010 - Antioch Sat. Women's Mtg	\$592.31	\$592.31
6015 - Love of Life Stragglers (online)		\$0.00
6018 - Saturday Night Live, Brentwood		\$0.00
6020 - Young At Heart Group		\$0.00
6023 - Sobriety Today, Concord		\$0.00
6025 - Disc. Bay - Go To Any Lengths		\$0.00
6028 - Eye Openers, Brentwood	\$103.00	\$103.00
6031 - Gratitude In Action		\$0.00
6045 - Donut Hole Group		\$0.00
6058 - Oakley Big Book		\$0.00
6059 - Delta Group		\$0.00
6060 - Saturday At Noon - Walnut Creek		\$0.00
6074 - W.C. Saturday Downtowners	\$516.00	\$516.00
6075 - W.C. Sat. Young at Heart		\$0.00
6080 - W.C. Hangover Grp @ Mystic Dream		\$0.00
6085 - W.C. Back to Basics, Mayhew		\$0.00
6116 - More Will Be Revealed - W.C.		\$0.00
6130 - No Frills Speaker - Martinez		\$0.00
6140 - The Family Afterward - Orinda		\$0.00
6150 - Saturday Serenity	\$238.50	\$238.50
6200 - We Think Not		\$0.00
6301 - Brentwood Saturday 8:30 AM		\$0.00
6332 - Sunday Meditation		\$0.00
SUNDAY		
7007 - W.C. - Spiritual Fitness		\$0.00
7010 - Antioch Hi-Noon BYOB		\$0.00
7020 - Stay Alive Group.		\$0.00

Group Contributions to the Contra Costa Service Center		
	31-Jan-26	2026 YTD
7021 - Dirty Dozen Sunday		\$0.00
7025 - Islanders, Bethel Island		\$0.00
7026 - Dirty Dozen Group (ECCF)	\$360.00	\$360.00
7030 - Step Sisters		\$0.00
7035 - New Life - Walnut Creek	\$477.13	\$477.13
7040 - Clayton Back to Basics		\$0.00
7050 - Sunday Gut Level/CFR		\$0.00
7070 - Rainbow Reading Room - Pinole	\$202.00	\$202.00
7090 - Sunday Sunriser Grp - Lafayette		\$0.00
7095 - Living in the Now, Discovery Bay		\$0.00
7095 - Living in the Now, Discovery Bay		\$0.00
7100-Z - Martinez - BYOB		\$0.00
7110 - Lafayette Coffee and Rolls		\$0.00
7111 - On the Hill - Moraga		\$0.00
7112 - Martinez - BYOB	\$177.10	\$177.10
7113 - Oakley 5150's		\$0.00
7117 - Out of the Fog	\$440.00	\$440.00
7120 - Love and Service Group		\$0.00
7123 - Just AA, Pleasant Hill	\$261.07	\$261.07
7125 - Broadway Winners		\$0.00
7126 - S.R. Sun. Serenity 8:30AM		\$0.00
7127 - S.R. Recovery Grp 11AM		\$0.00
7128 - S.R. Serenity Seekers		\$0.00
7130 - W.C. Get Real	\$70.44	\$70.44
7132 - Steps to Freedom		\$0.00
7155 - W.C. Women's Open Hearts		\$0.00
7156 - Sun Nite 12 Steppers, WC		\$0.00
7158 - W.C. Afternoon Delight	\$237.30	\$237.30
7160 - W.C. Tice Creek Grp.	\$13.28	\$13.28
UMBRELLA & SPECIAL GROUPS		
0805 - Antioch Umbrella		\$0.00
08051 - Fully Clothed & In Our Right Minds		\$0.00
0806-Z - Naked and Afraid		\$0.00
0810 - Concord Fellowship		\$0.00
0820 - Concord Originals	\$60.00	\$60.00
0825 - El Lenguaje del Corazon	\$1,946.48	\$1,946.48
0830 - Danville Fellowship		\$0.00
0840 - Diablo AA	\$226.49	\$226.49
0850 - El Sobrante Fellowship		\$0.00
0860 - The Lafayette Hut		\$0.00
0865 - Lunch Bunch, Martinez		\$0.00
0866 - Daytime Meetings @ The Hut		\$0.00
0867 - 6AM, The Hut, Lafayette	\$550.00	\$550.00
0870 - Pleasant Hill Group		\$0.00
0875 - San Ramon Group	\$350.00	\$350.00
0888 - EBYPAA / ACYPAA / ICYPAA		\$0.00
0899 - East County Speaker Meeting		\$0.00
0895 - Women's Symposium		\$0.00
Area 72 ~ Area 52		\$0.00
XXXX - Sunday Women's Way Step Myg	\$181.12	\$181.12
XXXX - Pleasant Hill Group (online)		\$0.00
XXXX - IG Business Meeting	\$149.00	\$149.00
XXXX - Unknown	\$455.00	\$455.00
XXXX - Anonymous	\$871.00	\$871.00
XXXX - Anonymous	\$46.50	\$46.50
XXXX - Anonymous	\$100.00	\$100.00
XXXX - Anonymous	\$2.00	\$2.00
XXXX - Anonymous	\$50.00	\$50.00
XXXX - Anonymous	\$300.00	\$300.00
XXXX - Anonymous	\$350.18	\$350.18
XXXX - Anonymous	\$200.00	\$200.00
XXXX - Unknown	\$1.00	\$1.00
XXXX - Anonymous	\$2.00	\$2.00
XXXX - Friends Group	\$55.00	\$55.00
XXXX - In Memory	\$100.00	\$100.00
TOTAL CONTRIBUTIONS	\$19,065.94	\$19,065.94



SUN	MON	TUE	WED	THURS	FRI	SAT
1 FEB 27 – MAR 01: PRAASA Waikiki Beach, Oahu	2	3 6:45 PM New GSR Orientation and 12 Concepts & Service Manual Study 7:30 PM District 08 - General Service Hybrid 130 Muir Station Road Zoom 292-725-7830	4	5	6	7 10:30 AM Traditions Breakfast Planning Meeting #1 193 Mayhew Way, Walnut Creek 11:00 AM – 12:15 PM Is My Triangle Balanced Panel Discussion 1229 Court St. See page 14 for more info Doors open 7:30 PM; Meeting at 8:00 PM Danville – Diablo Speaker Meeting Community Presbyterian Church 222 W. El Pintado, Danville
8 9:30 AM H&I Orientation for Newcomers 193 Mayhew Way, Walnut Creek 10:00 AM H&I Business Meeting 193 Mayhew Way, Walnut Creek Zoom Meeting 841 3658 2706 Password: 744971	9	10 7:30 PM Intergroup Operating Committee (IOC)	11	12	13 7:30 PM St. Patrick's Day Karaoke 396 Civic Dr., Pleasant Hill	14 12:00–4:00 PM Area Archive Workshop 193 Mayhew Way, Walnut Creek
15	16	17	18	19	20 Final submissions for April Communique are due.	21 10:30 AM Traditions Breakfast Planning Meeting #2 193 Mayhew Way, Walnut Creek 7:30 PM All Groups Speaker Meeting Church of the Resurrection 399 Gregory Lane, Pleasant Hill
22	23	24 7:00 PM New Intergroup Rep. Orientation 185 Mayhew Way, Walnut Creek 7:30 PM Intergroup Meeting 193 Mayhew Way, Walnut Creek	25	26 6:00 PM POWDERKEG AA Quarterly Birthday Speaker Meeting & Potluck Pinole Valley Community Church 2885 Pinole Valley Rd	27	28 12:30 – 3:00 PM Area Committee Meeting (AMC) Petaluma East County Speaker Meeting St. John's Lutheran Church, 1360 E. Tregallas Road, Antioch 7:30 PM El Sobrante Birthday Meeting 5151 Argyle Rd, El Sobrante
29	30	31	1	2	3	4